

Milford

Food Assistance Resource Guide



Open to all

FOOD PANTRIES

Purple Pantry Boxes

10 purple **Food Pantry** boxes located throughout Milford that are stocked with staple items
<https://purplepantryboxes.com>

Kingdom Life Christian Church

600 Naugatuck Ave

Joseph's Storehouse Food Pantry available **by appointment on Thursdays only** from 11am-3pm. Pantry can be accessed one time per month.
Call 203-877-5464

Saint Mary's Church

70 Gulf Street
John Rigley Food Pantry-- Monthly food pantry. Contact Department of Human Services for referral.
203-783-3253

Saint Gabriel Church

26 Broadway
Church based food pantry provides non-perishable food, including frozen meat, to Milford residents in need. Service is **weekly by appointment only**. Call 203-878-3075

Milford Senior Center

9 Jepson Drive
Milford Food Bank
Call 203-877-5131 to schedule pick-up. Limited pre-packaged boxes for individuals and families.

Department of Human Services

150 Gulf Street
Provides food vouchers to all Milford residents in need. Emergency food gift cards + referrals to resources. Senior Farmers Market Nutrition Program and Salvation Army Farmers Market vouchers. Assistance with SNAP, WIC, and other benefits.

First United Church of Christ

34 West Main Street
Food pantry on Tuesdays once per month. Mostly shelf staple items with limited dairy/produce. Call 203-877-4277 for an appointment.

The Storehouse Project

49 Wheelers Farms Road
The food pantry is **operated twice weekly on Thursday and Saturday**. To make an appointment please call 203-490-6674 on Tuesdays and Thursdays from 4 - 6 PM.

Milford Christian Church

989 New Haven Ave
Appointment only.
Call 203-874-1233

Milford Regional Pop-Up Pantry Cornerstone Christian Center, Kingdom Life Church, and the CT Food Bank

Third Thursday of the month at 3:30pm. Check the Milford Patch and CT Food Bank Website for location details.



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LUNCH/DINNER MEALS

Beth El Center, Inc. **90 New Haven Ave**

Meals to go **daily on weekdays only**. Pickup between 11:30am-1pm-- **includes lunch and dinner**.
203-876-0747

Saint Peter's Church **31 River Street**

Free monthly meals are served to the public. Second Thursday of every month. Grab and Go meals 5:30pm - 6:30pm
Call 203-874-8562

The Storehouse Project **349 Wheelers Farms Road**

Weekly meals To Go. Every Monday of the month. 80 meals at the door + 170 shuttle meals.

Milford Senior Center **9 Jepson Drive**

Mini-Lunch program all meals hot + ready to eat. Outdoor dining daily with reservation. Curbside pick-up Monday, Wednesday, and Friday. Call 203-877-5131 by 10am to reserve.

Mary Taylor Memorial Methodist United Church **168-176 S. Broad Street**

Monthly community supper on the 4th Thursday of the month for approx. 40-50 people on a walk in basis. **Served as to go 5:30pm - 6:30pm.**
203-874-1982

Saint Andrew's Episcopal Church **283 Bridgeport Ave**

Provides 20-25 lunches per week and delivers to the Beth El every Friday.



FARMERS MARKET

Available June-September

Downtown Milford Market **102 West Main St.**

Saturdays 9:00am - 12:30pm

Devon Village Market **120 Bridgeport Avenue**

Sundays 9:00am - 2:00pm

Bridgeport Hospital Milford Campus Farm Stand **2047 Bridgeport Avenue**

Tuesday 2:00pm - 4:00pm

Walnut Beach Market **Walnut Beach Pavilion**

Thursdays 4:00pm - 7:00pm

FOOD DELIVERY

First United Church of Christ

Food2Kids Program.

Provides weekend meals to approx. 160 Milford youth in schools and Boys & Girls Village.

For more information call 203-877-4277

The Storehouse Project

Truck delivers groceries to residents of housing projects and students on college campuses.

For more information call 203-668-6297

Milford Senior Center Program- Meals on Wheels

Hot meals delivered 5 days a week. Contact Marie Vaughn at 203-877-5131

